Q.P.Code 1355	Reg. No.:
First Year MSc Nursing Degree Examinations - November 2011	
(Mental Health Nursing)	
Clinical	Specialty-1
Time: 3 hrs	Max marks : 100
•	Answer all questions.
Essays	(4x20:80)
1. Discuss principles of psychiatric nurs	sing and standards of psychiatric nursing
practice applicable in India.	(1O+10=20)
2. Explain Erickson's psychosocial theo	ry and its application in personality
development.	(1O+10=20)
3. Describe concepts of stress and vari	ous stress management strategies.
	(10+10=20)
4. List different techniques of therapeut	ic communication and identify barriers of
communication.	(10+10=20)
Short notes	(4x5:20)

- 5. Limbic system
- 6. Mood stabilizers
- 7. Milieu therapy
- 8. Rights of mentally ill person.
